



**MTA NEW YORK CITY TRANSIT
HEALTH CLUB MEMBERSHIP INFORMATION**

MTA NYC Transit (“NYCT”) is pleased to offer Health Club Payroll Deductions to all full-time NYCT non-represented employees (managerial and non-managerial), members of the Civil Service Bar Association, the Civil Service Technical Guild, Chapter 2 (DC 37, Local 375), the Organization of Staff Analysts, SSSA, TWU Local 106 (TSO), and UFLEO who are on the MTA NYC Transit payroll.

The Plan allows employees to enroll in one of the four Health Clubs listed below and receive a discounted membership. NYCT will pay the discounted Club membership fee in exchange for your agreement to reimburse NYCT through pro-rated bi-weekly payroll deductions for the cost of membership. Please refer to information listed below that outlines the payment plans since they vary from club to club.

NYCT **does not** represent the participating Health Clubs. NYCT does not guarantee their services in any way and is not a party to any promises or other offers the Health Clubs make.

Employees who take advantage of the Plan are reminded that this is a personal benefit and not part of your job at MTA NYC TRANSIT. You must travel to and from and use the Clubs on your own time and not during work hours. NYCT is not responsible in any way for your use of the Club(s). If you become injured as a result of or during your use of a club, you will not be eligible for worker’s compensation, and if you suffer property loss, NYCT is not liable.



The following are several common questions and answers you may have in making your decision to enroll in the Plan. You should review them carefully before making any decision on enrollment.

Q: Which clubs can I join?

A: You have four different options:

Bally Premier: Access to Bally Total Fitness Clubs nationwide including facilities in Westchester, Connecticut, New Jersey, all NYC Boroughs, Long Island and Pennsylvania. Free racquetball and babysitting, where available. <http://www.ballyfitness.com/>

Equinox: Equinox operates 42 full service facilities in New York, Chicago, Los Angeles, Florida, Boston, San Francisco and Washington DC, including 16 in NYC and one in Brooklyn. The company offers an integrated selection of programs, services and products, including strength and cardio training, group fitness classes, personal training, spa services and products, apparel and food/juice bars. Classes include yoga, Pilates, cycling, strength training, and athletic conditioning. Swimming pool at the 54 Street and 2nd Avenue location is available to members of the Third Tier plan. <http://www.equinoxfitness.com>

New York Health & Racquet Club (NYH&RC): Seven full service clubs in Manhattan, the HRC Spa, two tennis clubs, a full service midtown hotel, a private yacht, indoor golf, outdoor beach and country club, and tennis facilities. All facilities offer heated pools, saunas, Jacuzzi, and services for children. www.nyhrc.com

New York Sports Clubs (NYSC): More than 40 full service clubs in the tri-state area including Westchester, Connecticut, all NYC Boroughs, Long Island and New Jersey. <http://www.nysc.com>

While *not* part of the payroll deduction plan, discounted memberships are available to NYCT employees at the following Gyms:

Aviator Health and Fitness Center offers employees gym only memberships: one year for \$369, six-months for \$199, and three months for \$125. Group fitness memberships are \$75 per month without any down payment and \$55 per month with a down payment of \$100. The center is at Hanger 5, Floyd Bennett Field, in Brooklyn. For further information, call (718) 758-7557 and ask for Irene Schmidt, Director of Sales.

Eastern Athletic offers Transit employees a one-year membership for \$1,056. They are also offering special rates to employees between 18 and 30 years old. Contact Ilse Korey, Sharon Lunati, or Alwayne Green at (718) 625-0500 or Lenny Jones at (212) 966-5432 for further information.

Gold's Gym, 85 Livingston Street, Brooklyn, NY: Transit employees are offered a one-year membership for \$551.08. For further information, contact Kelly Grogan at (718) 643-0795.

Harbor Fitness offers employees a one-year membership for \$520 and a monthly program for \$47 per month. Employees who enroll into the monthly program will be required to pay a one time fee of \$79, which includes the first month's membership. Clubs are located at 9215 Fourth Avenue, Brooklyn, NY 11209, (718) 238-9400; 191 15th Street, Brooklyn, NY 11215, (718) 965-6200; and 6161 Strickland Avenue, Brooklyn, NY 11234, (718) 763-9200.

The YMCA offers employees and family members residing at the same address a discount of 20% (employees must join for family member to receive the discount). They also offer a 50% discount off the joiner fee. For further information please contact the branch that you are interested in joining. For branch information location, please call Emily Franske at (212) 630-9639 or visit their website at www.ymcanyc.org.

Participating Curves facilities offer group rates and will waive the \$149 sign-up with the purchase of an annual membership. For information on the location of the Curves closest to you, visit their website at www.curvesinternational.com or call (877) 287-8374.

Q: Who pays for membership?

A: NYCT will pre-pay your membership and you will reimburse NYCT through bi-weekly payroll deductions over a 12 or 24-month period, depending on the membership you selected.

Q: How long is the membership and what's my total cost?

A: Current rates for the Clubs will be made available at the start of each open enrollment period. The cost of the clubs is paid through payroll deductions. While the rates may vary in the future, for the open enrollment period in February 2013 the fees are as follows:

<u>Club</u>	<u>Membership</u>	<u>Biweekly Deduction</u>	<u>Total</u>
Bally Premier	12 months	\$ 7.66	199.00
Equinox Select	12 months	\$54.47*	\$1,416.00
Equinox 3 rd Tier Corp	12 months	\$64.16**	\$1,668.00

NYH&RC (All Access)	24 months	\$28.85	\$1,500.00
NYSC (All Access)	24 months	\$29.62	\$1,540.00

Note: *Club choices for single access membership are limited to the Equinox sites at 194 Joralemon Street, 44th Street and Lexington Avenue, 14 Wall Street and Broadway, or the 43rd Street and Fifth Avenue Club only.
 **Club choices for Third Tier Corporate access membership include all sites except 63rd Street and Lexington Avenue, 74th Street and 2nd Avenue, Greenwich Avenue and W 12th Street, Columbus Circle, “E” at Columbus Circle, Executive facilities at any location, and Century City Facility.

Q: Can I visit and use a club before I decide?

A: Yes. But you must schedule your visit in advance. Just show your NYCT Identification card and the clubs will make arrangements to let you see and use their facilities at times that are convenient for you. To arrange a visit, call:

Bally Premier	Richard Martinez	(917) 331-0027
Equinox	Megan Haake	(212) 953-2499
NYH&RC	Geoffrey Burnham Erica Smith	(212) 220-0904 (212) 220-0732
NYSC	Diane Jodah David Cummings	(917) 351-6680, Ext 1037 (917) 351-6680, Ext 1058

Q: When can I join?

A: Only during open enrollment periods in June and December, with memberships effective in August and February, respectively.

Q: Who is eligible and how do I join?

A: This program is available to non-represented employees (managerial and non-managerial), members of the Civil Service Bar Association, the Civil Service Technical Guild, Chapter 2 (DC 37, Local 375), the Organization of Staff Analysts, SSSA, TWU Local 106 (TSO), and UFLEO. Employees must be on the MTA New York City Transit payroll in an active pay status.

You must sign a NYCT Employee Agreement that authorizes the NYCT to make a payroll deduction for the club of your choice and return the original of your completed form to Carrol Cargill, Human Resources, 180 Livingston Street, Room 623B, Brooklyn, New York 11201 by January 4, 2013. Forms must be received on or before January 4, 2013 for the February 1, 2013 to January 31, 2014 membership period or for the February 1, 2013 to January 31, 2015 period, depending on the membership you selected. Ms. Cargill can be reached by phone at (347) 643-8335 or via email. You will receive an enrollment confirmation via

e-mail. If you do not receive a confirmation notice, please contact us at the number specified above.

Several of the clubs will honor the discounted rate for retirees, spouses, family and domestic partners of employees. However, there is no payroll deduction for retirees, spouses, family or domestic partners. They must pay the health club directly for their membership. All inquiries should be made directly to the club(s).

Q: When do payroll deductions start?

A: The deduction will begin with the paycheck you will receive on February 7, 2013 for managerial employees and February 14, 2013 for non-managerial employees.

Q: What if I join a club and then want to stop my membership?

A: You are making a commitment when you join. Cancellations must be made in a **written** letter to Human Resources with a minimum of 14 days advance notice of your decision to cancel. In addition, cancellation can only be made for the reasons listed in the Employee Agreement. Deductions may continue for one bi-weekly pay period following receipt of the written cancellation. A \$50 cancellation fee will be assessed which will be collected through payroll deduction.

Q: What if I take an unpaid leave of absence or if, for any other reason, I do not have sufficient earnings to cover the payroll deductions under the Plan?

A: You are still liable to the NYCT for the payment, unless you cancel your membership as described above and in the Club Employee Agreement.

Q: Are re-sale memberships available?

A: From time to time re-sale memberships from individuals who have cancelled become available. Since the time frame and rates differ from Club to Club, please contact Carrol Cargill to learn about available memberships.