



2026 Benefits Open Enrollment

NEW DATE! November 1 - 30, 2025

Get all the information you need on
My MTA Portal at
www.mymta.info/openenrollment

Recorded Informational
Webinars

Open Enrollment
Health Benefits Summary

MTA Opt-Out Program
NEW DATE November 1 - 30, 2025

Flexible Spending Account
November 1 - December 15, 2025

Deferred Compensation
529 College Savings Plan
Commuter Benefit Program

GO

Paperless

**Change/Update Your Medical Plan
or Opt-Out Online**
My Benefits > eBenefits Open Enrollment



Business Service Center

646-376-0123 or bscservice@mtabsc.org

**Visit our Open Enrollment website
for more information:
www.mymta.info/openenrollment**

**If you are not making any medical
plan changes, you don't have to do
anything.**

Is your contact information up to date?

**Go to My MTA Portal/My Self-Service/My Personal
Information to make updates.**

Postcard #6_NYSHIP