

Transit Supervisors Organization

Heart and Lung Disease are the number one health concerns of our members

As you know there is a high incidence of coronary artery disease and other diseases amongst our members. While we debate who should be responsible for your health, for many of you the debate may be too late.

Your Executive Council believes that a more proactive initiative might help the membership in identifying the early stages of many of these diseases.

Our goal should be to address these issues long before they become problems and there are more victims. To that end we are encouraging a health-screening exam, one that could save your life!

An arrangement has been made between Inner Imaging and our union. In this arrangement our members can take advantage of a substantial discount negotiated by the Executive Council. **The fee for these four tests is only \$175.** We recommend this for men and women 35 years of age and older. (the retail value of this program can be as much as \$2,000) This offer includes all Eligible Members and Spouses.

The Four screening tests that are available:

- The heart
- The lungs
- The abdomen and pelvis
- Cancer Screening

Your test results will be completely confidential.

Coronary Artery Disease Facts:

Every year for the last 93 years this disease kills more men and women than cancer and the next three diseases **combined**. More than 1.6 million people suffer heart attacks, over 30% fatally, every year as a result of coronary artery disease. 68% of these sudden heart attacks are in arteries that are less than 50% blocked and cannot be detected with traditional stress testing. Traditional risk factor analysis by most doctors only account for 50% or less of heart attacks. **The heart scan can identify coronary artery disease as much as twenty years before symptoms occur, with an accuracy of 98-99%.**

Radiation Facts:

The Heart Scan has the lowest radiation available at **0.5 millisieverts**. When compared with conventional Cat Scan., **0.5 mSv** is equal to 2 months of radiation from the sun or 8 round trip flights to CA

Lung Cancer Facts:

Lung cancer is the leading cause of cancer deaths in the United States. Our members are 2.5 more likely to develop lung issues than the general population.

Low-Dose Lung scanning is 10 times more sensitive than a regular chest X-ray, and can detect the early development of lung diseases. The current survival rate of lung cancer is 12-15%. Early detection of lung cancer screening can potentially change the survival rate to greater than 88%.

Abdomen and Pelvis Facts:

In the general population there is less disease found in these two areas. Given the conditions in which we work we have added these two tests. These two tests are used to identify early disease in those organs of your abdomen and pelvic area.

These four tests have identified over 250 diseases and have had 17 forms of Cancer confirmed. It is one of the most comprehensive forms of screening available.

The purpose of making these tests available is to help you remain healthy. If on the other hand, you are a victim of a disease we want to help you identify the disease early before it becomes disabling.

Help us to help you, call Inner Imaging at 212-777-8900 to explain the testing and to make an appointment @ 165 East 84th Street, New York, NY 10065